Anthony Charalambous

Photo

Summary

A curious and creative junior doctor with experience in hospitality, healthcare, and recruitment. I completed secondary school in the UK & applied to study medicine. Throughout my time at medical school, I took on volunteering projects including mentoring other students and represented my peers at the cohort and faculty level. I have been involved with youth work including GCSE schooling and camp counselling. Throughout the COVID-19 pandemic I volunteered to work as a care assistant and band vaccinator. On completion of medical school, I progressed onto foundation training under the National Health Service. At present I am hoping to broaden my skill set as part of my enjoyment of lifelong learning. I have an interest in public health and hope to gain some exposure on data science roles to expand my scope of work. Other facets that I am currently exploring include the wider world of tech, psychiatry, and education.

Education

* Bachelor of Medicine, Bachelor of Surgery (MBChB) – University of Bristol (2017-2022)

Work Experience

* Junior Doctor – South Tees NHS Trust, UK

August 2022 – Present

* + Documented ward rounds in patients’ files & carried out related tasks.
  + Liaised with colleagues and allied healthcare professionals & executed requests and referrals.
  + Clerked patients under supervision and as of when needed carried out small procedures.
* Band Vaccinator – UWE Vaccination Centre, NBT Extra, UK

June 2021 - January 2022

* + Ensured the patient flow and smooth operation of the COVID-19 vaccination scheme.
  + Informed, consented, and advised recipients of the vaccine.
  + Manned the reception to confirm bookings and direct attendees onto the relevant station.
* Medical Student Senior Care Assistant – Yeovil District Hospital, UK

June 2020 – January 2021

* + Managed a swabbing and phlebotomy clinic as part of the COVID-19 SIRENS trial.
  + Recruited staff members into the trial to achieve the national targets set.
  + Shared my experience of working throughout the pandemic with the NIHR (bit.ly/3cwU1hf).
* Camp Counsellor – Greylock Camp, Massachusetts, USA

June 2019 – August 2019

* + Cared for appointed campers and acted as a reliable point for safeguarding.
  + Coached roller hockey sessions and motivated teams in live matches.
  + Liaised with other camp counsellors to carry out joint group activities.
* Peer mentor – Student Inclusion Team, University of Bristol

September 2018 – January 2019

* + Acted as a point of pastoral support for incoming medical students.
  + Escalated specific issues or student concerns onto pastoral leads.
  + Planned regular mentoring sessions to ensure students felt supported and were on track with their course.
* Inbound Call Handler – Network Rail, The Quorum, UK

July 2018 – August 2018

* + Reassured any concerns or queries prompted by dissatisfied callers.
  + Collaborated with colleagues to ensure appropriate staffing levels.
  + Remodelled my approach in call handling to achieve the highest customer satisfaction.
* Vlog Ambassador – External Relations, University of Bristol, UK

September 2017 – February 2018

* + Filmed aspects of my university experience for the ‘Talent from Bristol’ video series.
  + Collaborated with local film company Beeston media to improve my presentation skills.
  + Promoted widening participation by communicating with WP applicants on consequent open days.

Skills

Critical Thinking

Teamwork

Flexibility

Awards and Certifications

* European Resuscitation Council (ERC) Advanced Life Support
* Health Sciences Faculty Representative
* Bristol PLUS Award
* RLSS UK IQL National Pool Lifeguard Qualification
* QI Innovation Summer School
* Duke of Edinburgh Gold Award

Other

My Hobbies

1. Volunteering
2. Languages
3. Reading

Contact Me

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